

BREAKFAST

ENERGY BAR

with oats, seeds & dried fruit

STRAWBERRY CHEESECAKE OVERNIGHT OATS

with natural yoghurt

MEXICAN OMELETTE TACO

*with black beans,
guacamole & salsa*



SMOOTHIE STATION

TROPICAL SMOOTHIE

passion fruit, pineapple & mango

BERRY SMOOTHIE

strawberry, raspberry & blackberry

GREEN SMOOTHIE

mango, spinach & kale



LUNCH



PIZZA BAGEL

with mushrooms & bacon

TUNA POKE BOWL

*with rice, edamame beans,
carrot, cucumber & sweetcorn*

POSH POT NOODLE

chicken & vegetables in a miso broth

LOADED SPANISH POTATOES

with spinach, chicken & chorizo

SALMON & BROCCOLI PASTA

in a light cream cheese sauce

GREEK CHICKEN WRAP

with chips, salad & tzatziki

SWEET POTATO WEDGES & CHILLI CON CARNE

topped with guacamole

